[Des Moines Farmers Market](https://www.dsmpartnership.com/desmoinesfarmersmarket/) | Court Avenue & 4th St | Des Moines | $ | 7a-12p – Saturday Only

* [*Top Farmers Markets in the Nation*](https://parade.com/683329/ameliasaltsman/the-top-25-farmers-markets-across-america/#gallery_683329-10) *|* [*#2 Market in the Nation*](https://www.thedailymeal.com/101-best-farmers-markets-in-america-2013)
* The Downtown Farmers’ Market began in 1976. Today, The Market supports nearly 300 vendors and an average of 25,000 visitors each Saturday during May through October. Get there bright and early to enjoy a fresh La Mie Croissant, a pupusa from Pupusa’s El Salvador (get the slaw and the spicy sauce – Foodies – Try a loroco!), wheat grass shots, drink out of a watermelon, try a Dutch letter, or some apple cider donuts.

[Des Moines Art Center](https://www.desmoinesartcenter.org/) | 4700 Grand Ave | Des Moines | (515) 277-4405| FREE | Sat 10a-4p | Sun 12p – 4p

* The Art Center is a museum and school, with a world class art collection housed in extraordinary architecture by three renowned architects.

JOHN AND MARY PAPPAJOHN SCULPTURE PARK | 1330 Grand Ave | Des Moines

* The Pappajohn Sculpture Park (Nothing to do with the pizza guy!) in downtown Des Moines is an extension of the Art Center. Admission is free. Open during city park hours, which are sunrise to midnight. Schedule guided tours of the Sculpture Park here.

[Up Down](https://www.updownarcadebar.com/des-moines/) | 500 East Locust St | Des Moines

* [10 Best Arcade Bars](https://www.gameinformer.com/b/features/archive/2017/12/30/game-informer-picks-the-10-best-arcade-bars-in-america.aspx)
* Up-Down Des Moines features more than 40 arcade games from the ‘80s and ‘90s, pinball machines, three classic skee-ball alleys, Nintendo and Sega console gaming, and life-size Jenga and Connect Four. All games cost just 25 cents. Our drink menu includes an extensive craft beer selection with 20 beers on tap and even more bottles and cans, as well as ‘80s and ‘90s inspired cocktails.

[Greater Des Moines Botanical Gardens](https://www.dmbotanicalgarden.com/) | 909 Robert D. Ray Drive | Des Moines |$10pp | Daily 10a-5p

* An innovative escape in downtown Des Moines. The Greater Des Moines Botanical Garden inspires and engages visitors through education, experience and exploration. As a renowned cultural institution, the Botanical Garden cultivates diverse plants and connects people to the environment surrounding them.

***Catch Des Moines Recommendations***

<https://www.catchdesmoines.com/things-to-do/top-things-to-do/>

[Climb Iowa East Village](https://www.catchdesmoines.com/listing/climb-iowa-east-village/13805/) Bring out your inner rock climber and head to Climb Iowa East Village. Climb Iowa East Village offers 3,000 square feet of bouldering with over 100 problems and state-of the-art Rogue training equipment.

[ICU Paintball Inc.](https://www.catchdesmoines.com/listing/icu-paintball-inc/10482/) ICU Paintball’s indoor facility offers family-friendly fun all year round. Play with your group or join another at ICU Paintball. Offering low-impact paintball equipment, ICU paintball is a must stop for any thrill seeker regardless of experience level

[Outlets of Des Moines](https://www.catchdesmoines.com/listing/outlets-of-des-moines/12057/) The Outlets of Des Moines is Greater Des Moines’ newest shopping destination and the only outlet mall in the metro. Shop outlet stores from some of the biggest names in fashion, all conveniently located at the Interstate 80 and US-65 interchange in Altoona.

[Flix Brewhouse](https://www.catchdesmoines.com/listing/flix-brewhouse-llc/13705/) Head to Flix Brewhouse to see some of the newest releases on the big screen. Serving up some of the top brews in town, movie snack classics, a full bar and a large menu, Flix Brewhouse is one of the best places to watch a movie in Greater Des Moines.

[Great Escape](https://www.catchdesmoines.com/listing/great-escape/10845/) Located minutes from downtown in Pleasant Hill, Great Escape is great place for family fun. Great Escape offers bowling, cosmic bowling, laser tag and a game room. Social Eats & Crafts is a full restaurant inside Great Escape, allowing visitors to grab a bite to eat between all the laser tag and bowling fun.

[Smash Park](https://www.catchdesmoines.com/listing/smash-park/13453/) Smash Park is a one-of-a-kind social entertainment and events venue with backyard-style street food and hand-crafted cocktails. Featuring Iowa’s largest patio and over 40 HD TV’s it’s Des Moines’ new game day home base. Smash Park is equipped with eight pickleball courts, shuffleboard, bocce ball, ping pong and more!

[High Trestle Trail](https://www.catchdesmoines.com/things-to-do/outdoor/trails/) Head outdoors and enjoy the scenic High Trestle Trail. The shining star of Iowa's trail system, the High Trestle Trail runs for 25 miles through five towns and four counties. The trail includes an iconic, half-mile, 13-story high bridge across the Des Moines River valley, one of the largest trail bridges in the world!